



Job Description

Job Title	WUWI and Brief Counsellor
Reports To	Senior Manager, Clinical Services
Program	Counselling/Therapy
Location	Head Office – 636 Kennedy Road, Scarborough
Bargaining Unit	Yes

Job Purpose

This position is responsible for providing brief counselling for individuals and families. It also may involve providing some case management, psycho-education, advocacy, and consultation to support youth and their families or caregivers presenting with mental health, emotional or behavioural issues. YouthLink serves youth ages 0-24 and their families through our What's Up Walk-In Clinic and other brief services. This will include carrying a small brief therapy client caseload.

Duties & Responsibilities

- Provides single sessions to individual youth and or their caregivers who present to WUWI, utilizing a Brief Solution Focused Therapy framework and/or Narrative Therapy approaches.
- Provides brief therapy to individual youth who are referred to this program. Theoretical orientation will be determined based on the best fit for the client presenting.
- Researches and coordinates external services; works with multidisciplinary professionals, such as child protection, youth justice and the broader Youthlink team.
- Makes appropriate referral recommendations if further services are needed in collaboration with clients.
- When providing service to a client that presents with suicidal or homicidal ideation, counsellor completes a full suicide assessment, creates a safety plan and disseminates to client and parents, if appropriate; making immediate referrals if warranted; supporting the client through the process of accessing hospital and/or psychiatric services in the moment.
- Prepares documents and other resources for clients and disseminates appropriately.

- Documents clinical case notes to capture the contents and recommendations of each single session or brief therapy counselling session, ideally in a contemporaneous fashion.
- Completes referral process, organizes, attends and case manages Tele-Mental Health appointments with Sick Kids for those youth that require a psychiatric assessment and are between the ages of 0-18.
- Reports to appropriate person or body any incidents that may jeopardize client or staff safety.
- Develops professionally through clinical supervision, team meetings, case consultations, external training events.
- Increases awareness of Youthlink by attending community events.
- Actively contributes to the Agency's Strategic Plan by participating in initiatives and committees to support the overall Plan.
- Takes all reasonable and necessary precautions to protect his or her own health and safety and that of co-workers by complying with and demonstrating knowledge of the policies, procedures and safe practices established by YouthLink.

Any other duties as assigned.

Qualifications

Education:

- Master's Degree in Counselling Psychology, Mental Health Counselling, Social Work or other directly related discipline.
- Knowledge of a variety of treatment modalities (such as; CBT, SFT, DBT, Narrative Therapy, etc.) and training in evidence-based, trauma informed practices.
- Familiarity with single session model required.
- Additional training related to cultural humility, diversity, anti-oppression and Anti-Black Racism preferred.
- Full member in good standing with a relevant governing body or RP (qualifying).

Experience:

- Knowledge of community services, relevant legislation, social justice issues, child and youth mental health.
- Familiarity with suicide/risk assessment and crisis support services.
- Significant understanding and knowledge of systemic barriers and oppression rooted in colonization, racism, transphobia, classism, misogyny, moralism, ableism, and how they impact young people.

Updated: November 2, 2023

- Ability to bring an Afrocentric lens to the role is a definite asset.
- Bilingualism would be an asset.
- Operates using an ABR/AOP lens.
- Demonstrated ability and experience in working with marginalized youth, their families, newcomers and diverse youth populations living in under-served communities.

Working Conditions

This position requires evening hours of up to 2 evenings per week. The scheduled days of work are either, Monday, Tuesday, Wednesday or Tuesday, Wednesday, Thursday (hours TBD). There are some risks involved in this position such as crisis management. Minimal travelling required.

Physical Requirements

Nil

Direct Reports

Nil

Employee Name: <i>(please print)</i>	
Employee Signature:	
Date:	

